

# RECENT TOPICS IN THE THEORY OF SUPERFLUID $^3\text{He}$

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Erkki Thuneberg

Department of physical sciences, University of Oulu

Janne Viljas and Risto Hänninen

Low temperature laboratory, Helsinki university of technology

# Content

Introduction to superfluid  $^3\text{He}$

I. Josephson effect

II. Vortex sheet in  $^3\text{He-A}$

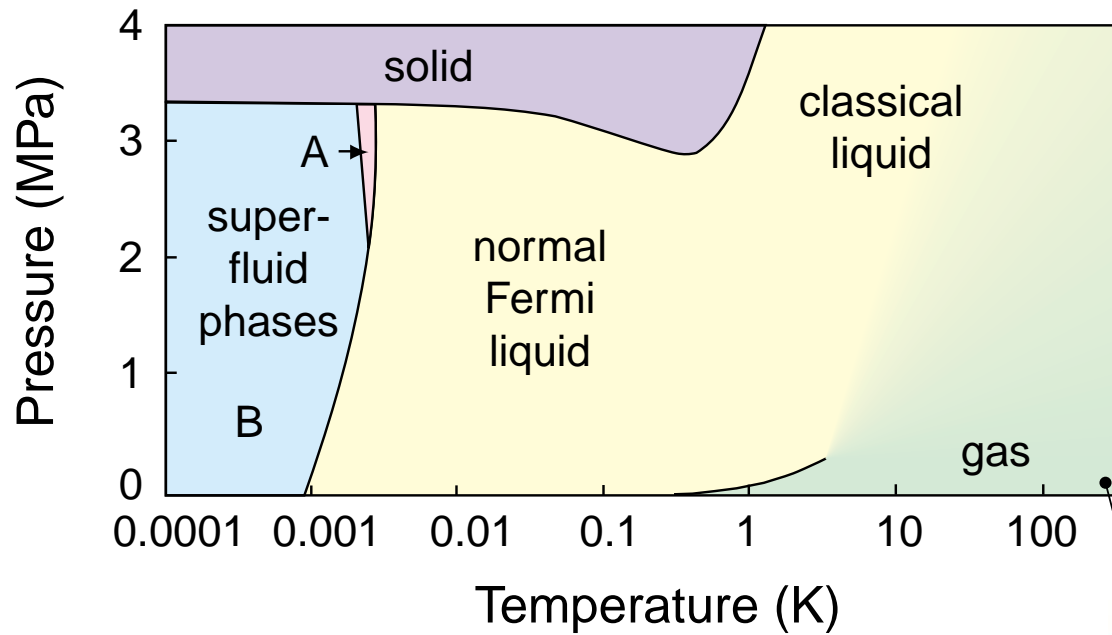
III.  $^3\text{He}$  in aerogel

These lecture notes will be placed at

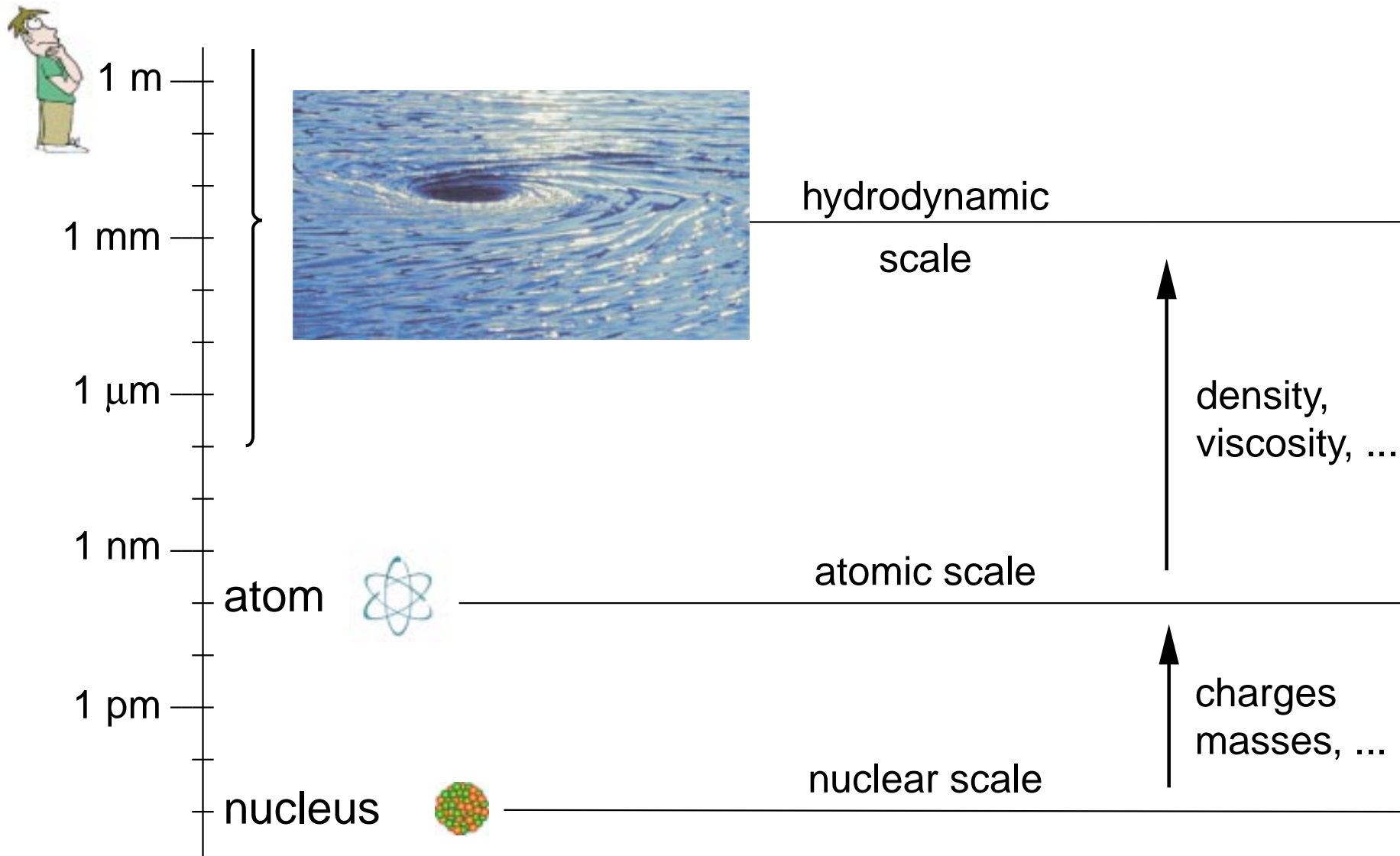
<http://boojum.hut.fi/research/theory/>

# Phase diagram of superfluid $^3\text{He}$

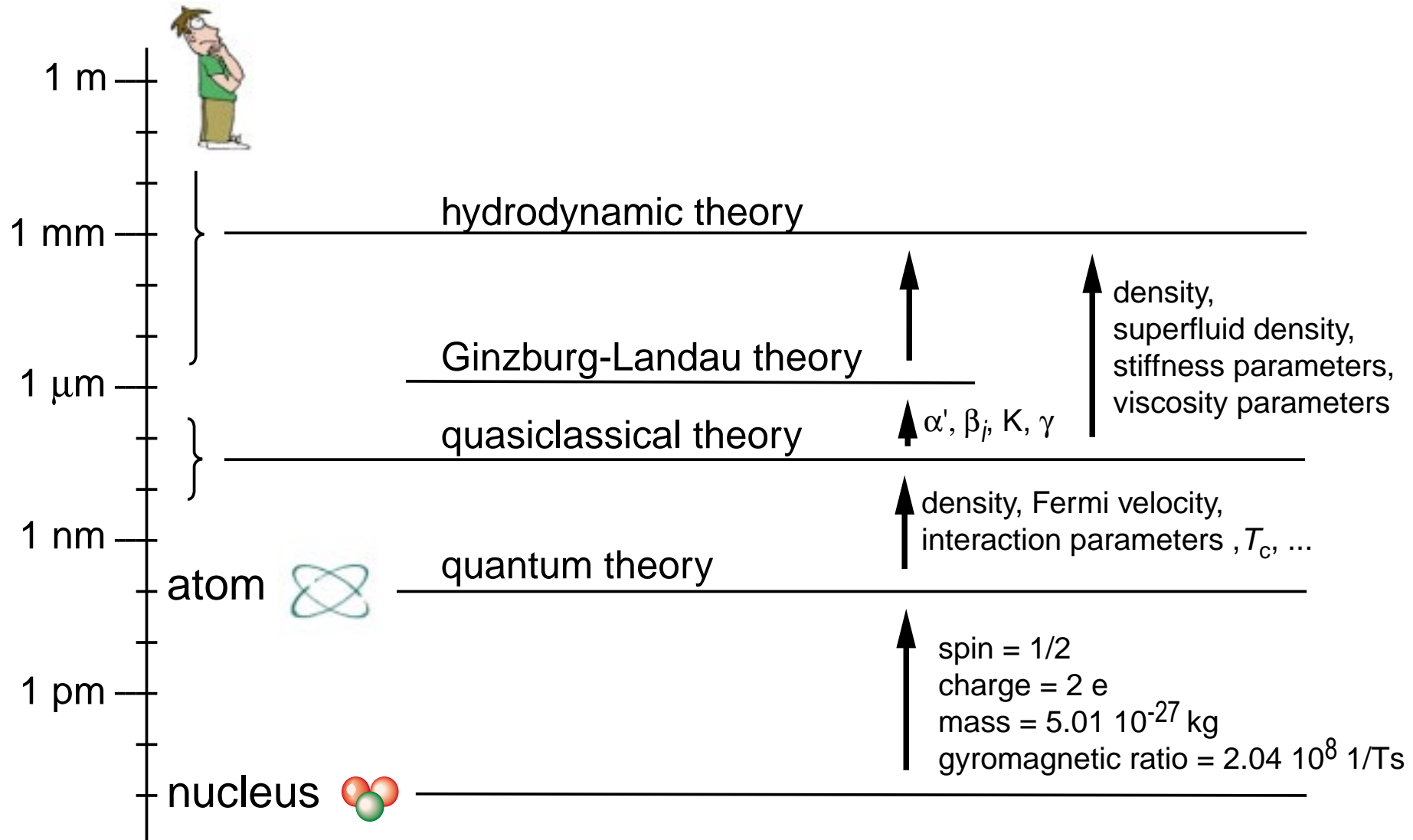
$^3\text{He}$  is the less common isotope of helium. It is a fermion.



# Length scales



# Length scales in superfluid $^3\text{He}$



# Cooper pairs in superfluid $^3\text{He}$

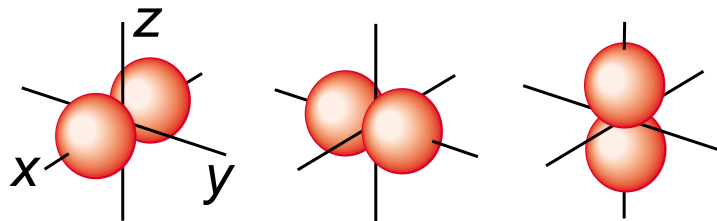
Spin wave functions ( $S=1$ )

$$S_x=0: (-\uparrow\uparrow + \downarrow\downarrow)$$

$$S_y=0: i(\uparrow\uparrow + \downarrow\downarrow)$$

$$S_z=0: (\uparrow\downarrow + \downarrow\uparrow)$$

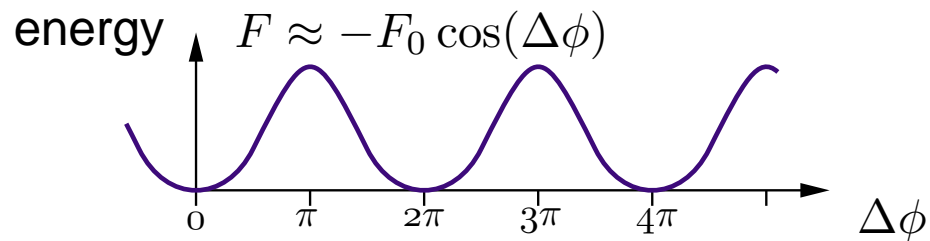
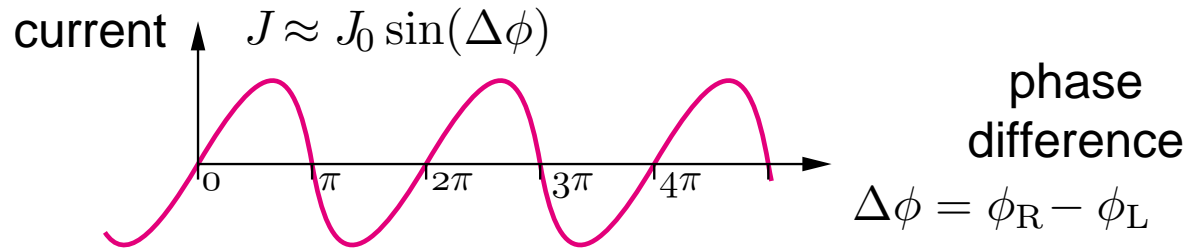
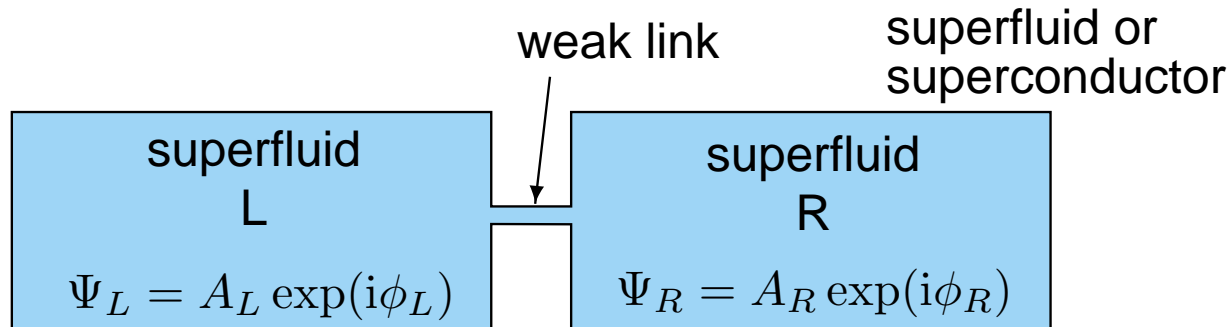
Orbital wave functions ( $L=1$ )



$$\begin{pmatrix} A_{xx} & A_{xy} & A_{xz} \\ A_{yx} & A_{yy} & A_{yz} \\ A_{zx} & A_{zy} & A_{zz} \end{pmatrix}$$

order parameter

# Part I. JOSEPHSON EFFECT

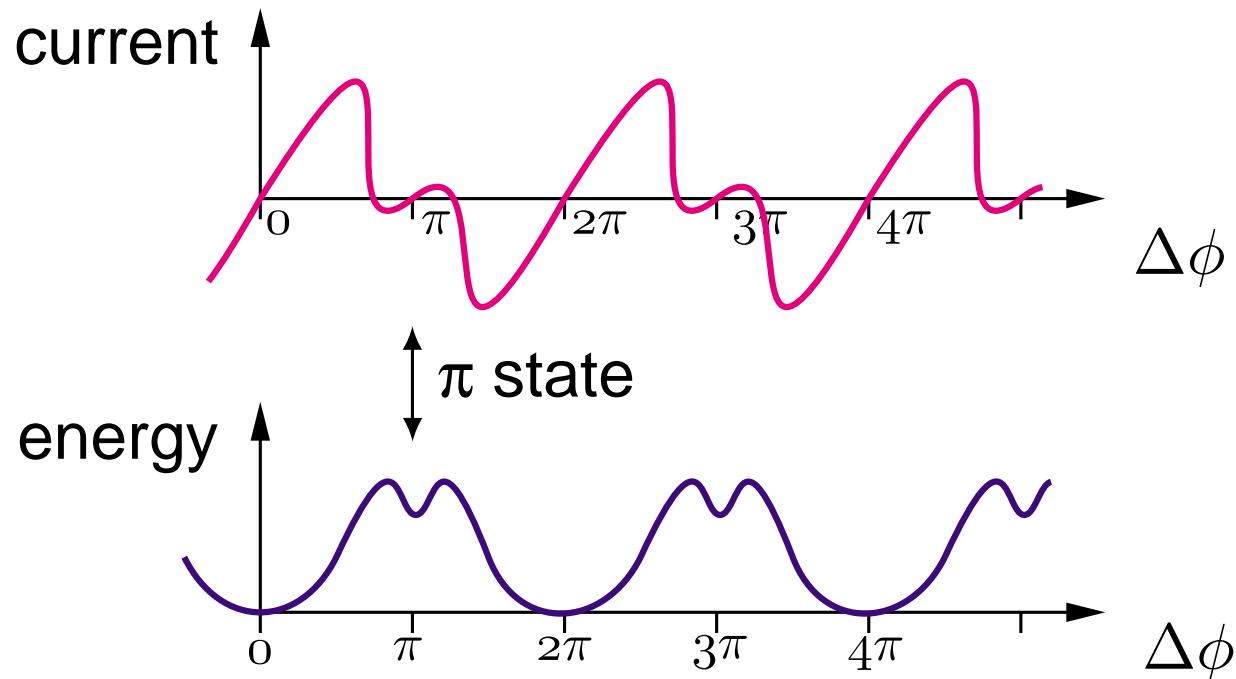


Experiments:

- superconductors: 1960's
- $^3\text{He}$ : Avenel and Varoquaux 1988

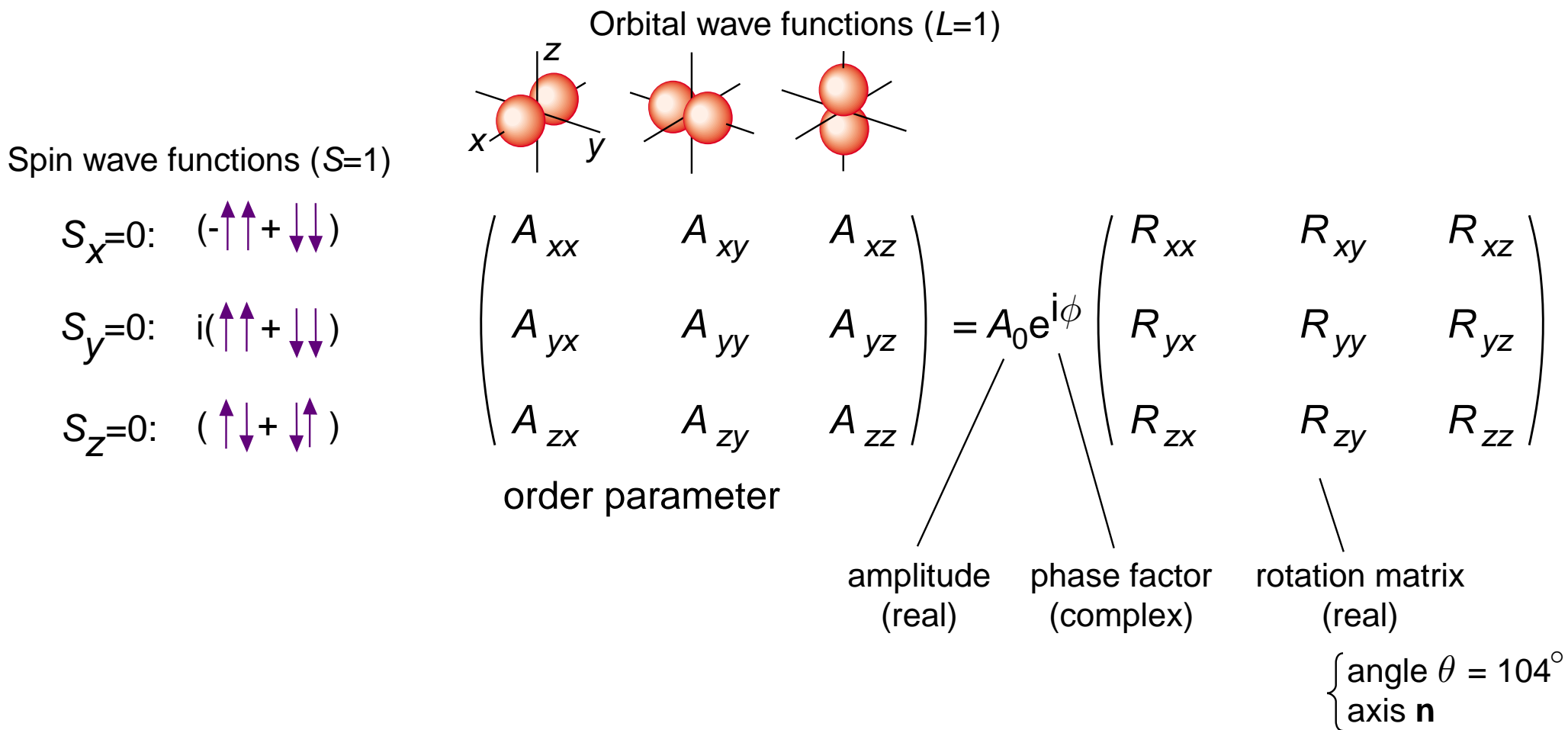
# New experiments in $^3\text{He-B}$

- S. Backhaus, S. Pereverzev, R. Simmonds, A. Loshak, J. Davis, R. Packard, A. Marchenkov (1998, 1999)
- O. Avenel, Yu. Mukharsky, E. Varoquaux (1999)

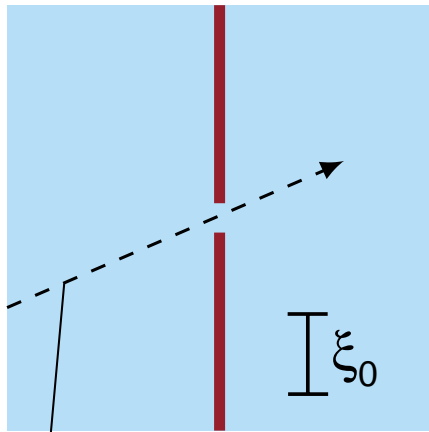




# Superfluid B phase



# Pinhole



path of a quasiparticle

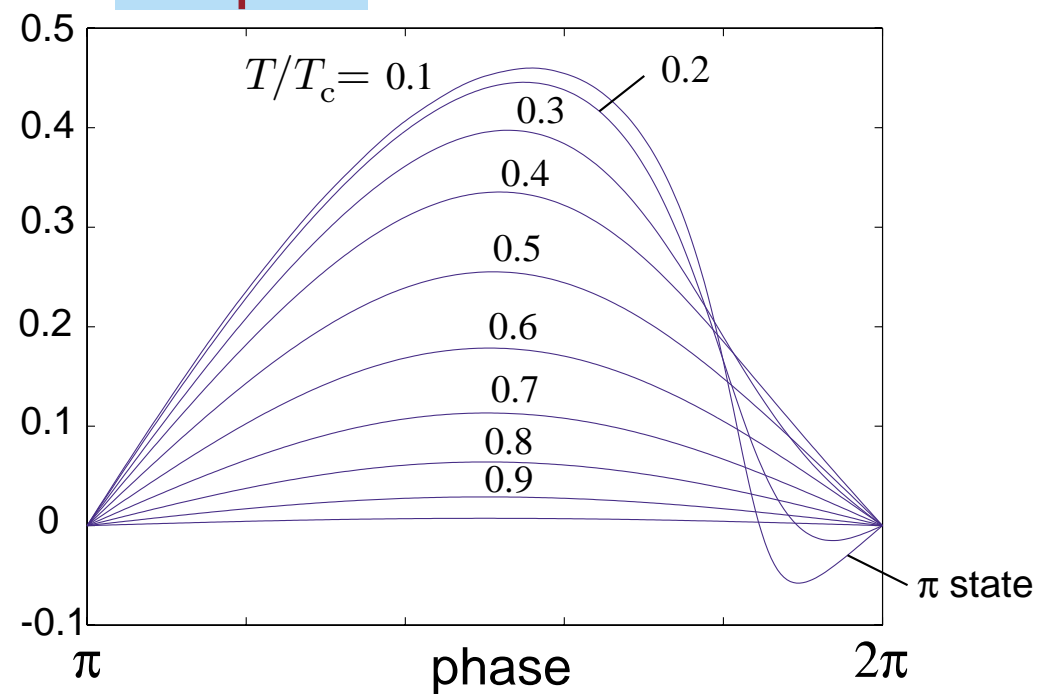
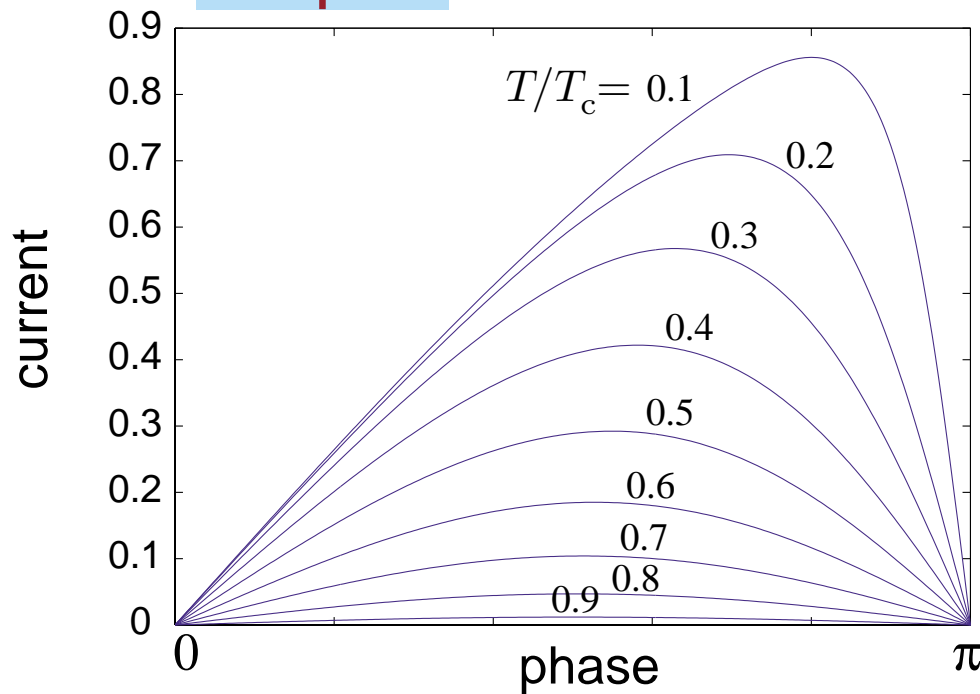
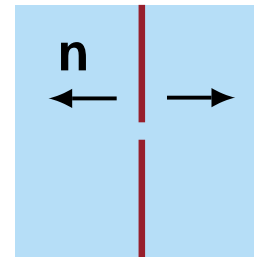
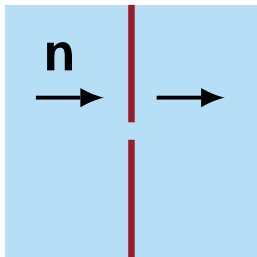
size  $\ll \xi_0 \approx 10$  nm

current

$$J(\Delta\phi, R_{\mu j}^L, R_{\mu j}^R)$$

$$= 2m_3 A v_F N(0) \pi T \sum_{\epsilon_n} \int \frac{d^2 \hat{k}}{4\pi} (\hat{\mathbf{k}} \cdot \hat{\mathbf{z}}) g(\hat{\mathbf{k}}, \mathbf{R}_{\text{hole}}, \epsilon_n)$$

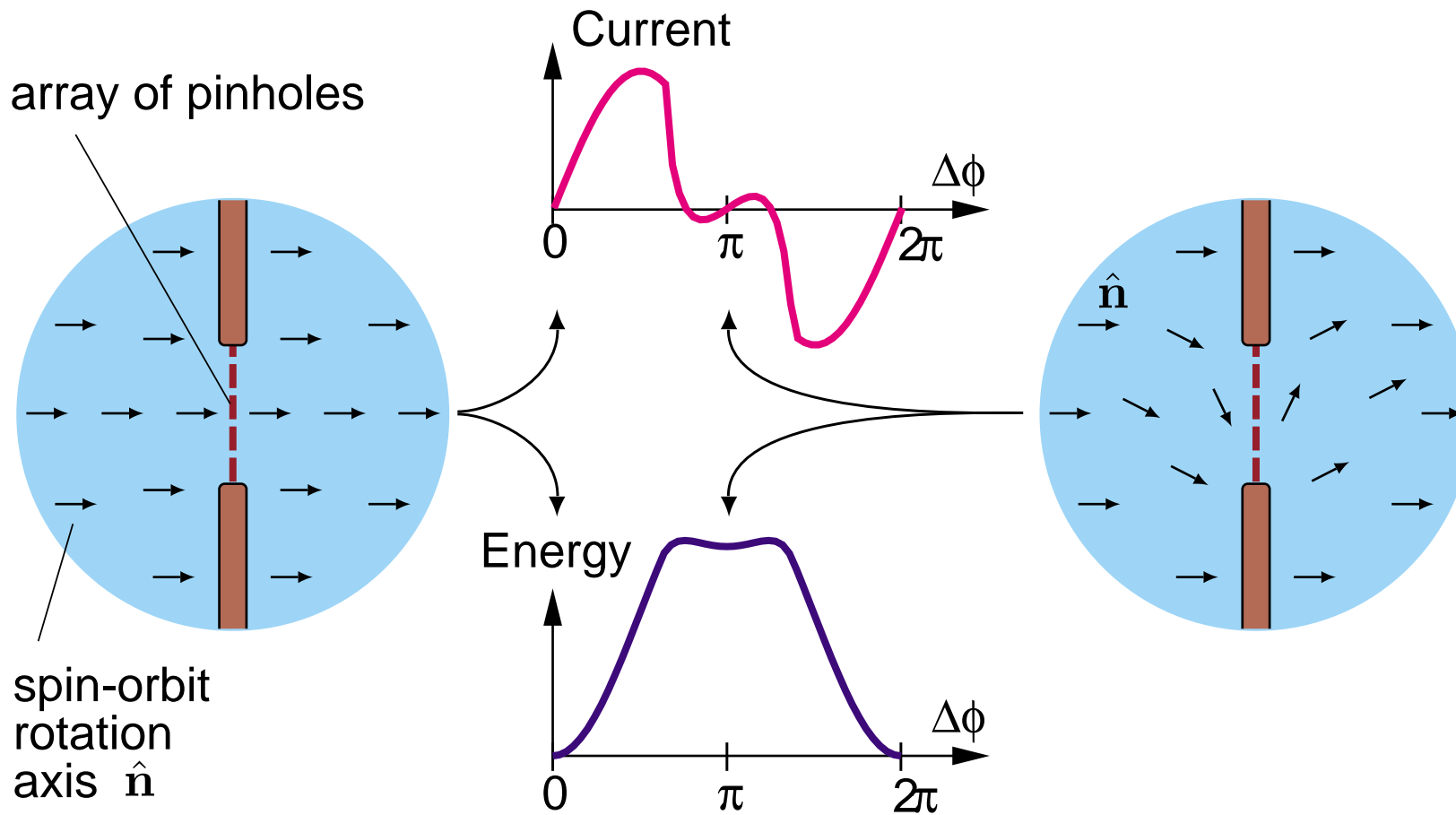
# Pinhole current-phase relation



$\pi$  state occurs only at very low temperatures

$\Rightarrow$  not consistent with experiments

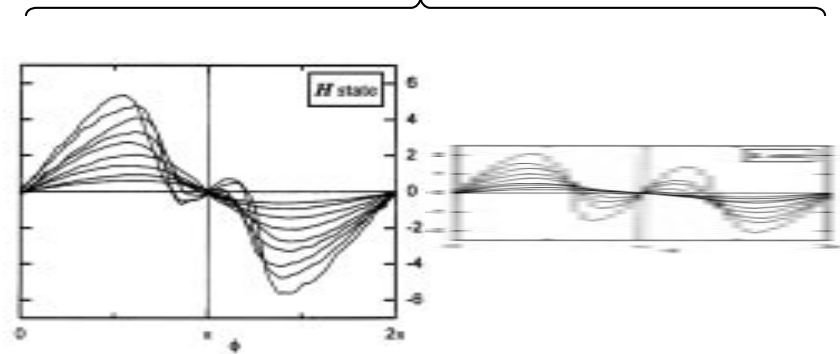
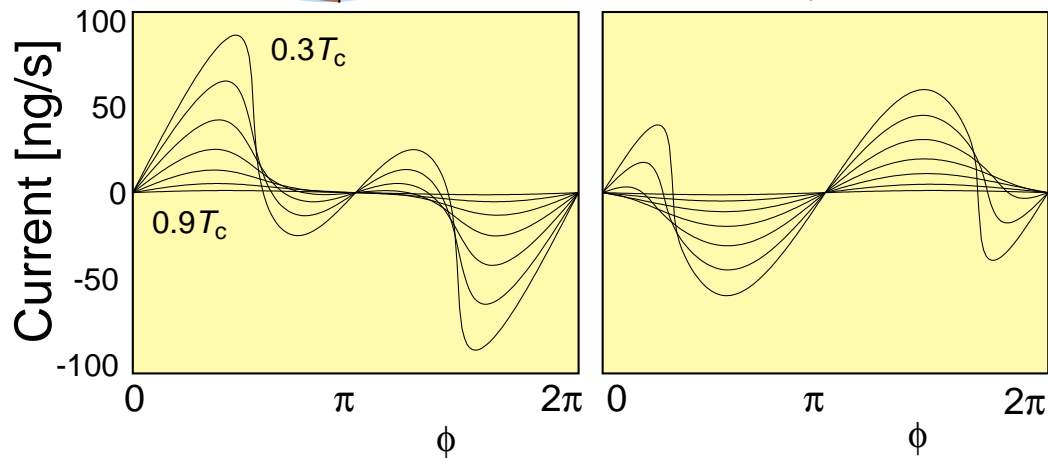
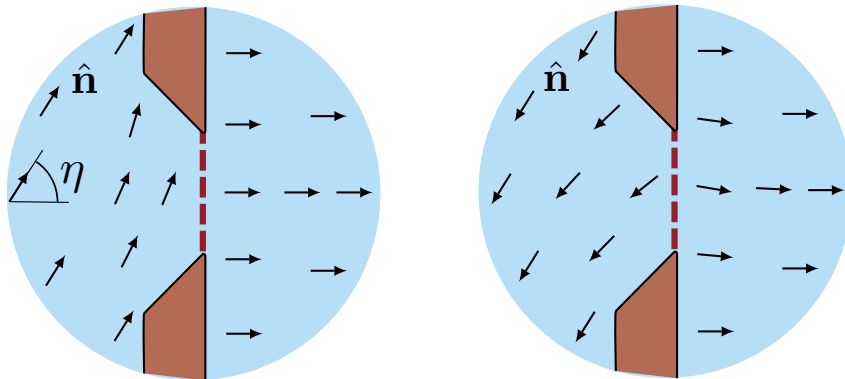
# Aperture array



“Anisotextural”  $\pi$  state

# Results

- asymmetry of the junction
- one fitting parameter  $\eta$



Experiment:  
S. Backhaus, S. Pereverzev,  
R. Simmonds, A. Loshak,  
J. Davis, R. Packard,  
A. Marchenkov (1998, 1999)

- Theoretically strong dependence on magnetic field and surroundings
- to be tested experimentally

# Large aperture

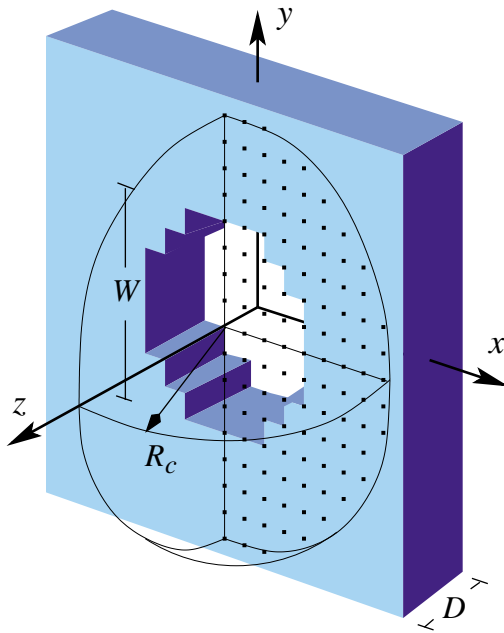
Order parameter

$$\bar{A} = \begin{pmatrix} A_{xx} & A_{xy} & A_{xz} \\ A_{yx} & A_{yy} & A_{yz} \\ A_{zx} & A_{zy} & A_{zz} \end{pmatrix}$$

Boundary condition

$$\bar{A} = \exp\left(\pm \frac{i}{2} \Delta\phi\right) \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix}$$

when  $z \rightarrow \pm\infty$

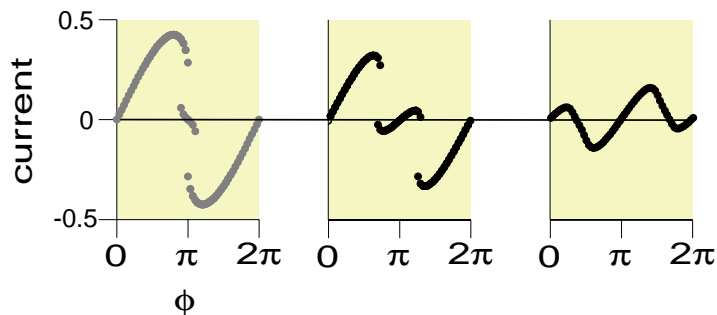


Ginzburg-Landau theory

- valid only for  $T$  near  $T_c$
- partial differential equation:

$$\partial_j \partial_j A_{\mu i} + (\gamma - 1) \partial_i \partial_j A_{\mu j} = [-\bar{A} + \beta_1 \bar{A}^* \text{Tr}(\bar{A} \bar{A}^T) + \beta_2 \bar{A} \text{Tr}(\bar{A} \bar{A}^{T*}) + \beta_3 \bar{A} \bar{A}^T \bar{A}^* + \beta_4 \bar{A} \bar{A}^{T*} \bar{A} + \beta_5 \bar{A}^* \bar{A}^T \bar{A}]_{\mu i}$$

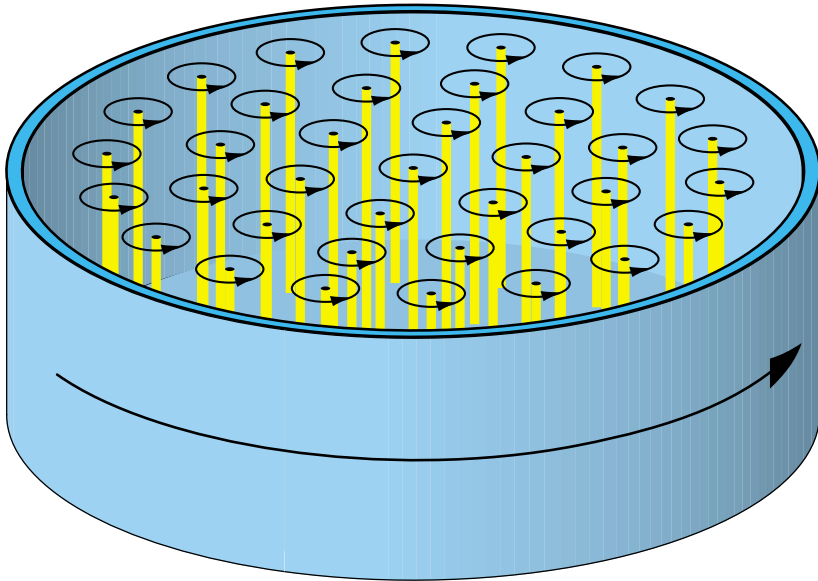
- at surfaces  $\bar{A} = 0$



## Part II. ROTATING SUPERFLUID

An uncharged superfluid cannot rotate homogeneously

Rotation takes place via vortex lines

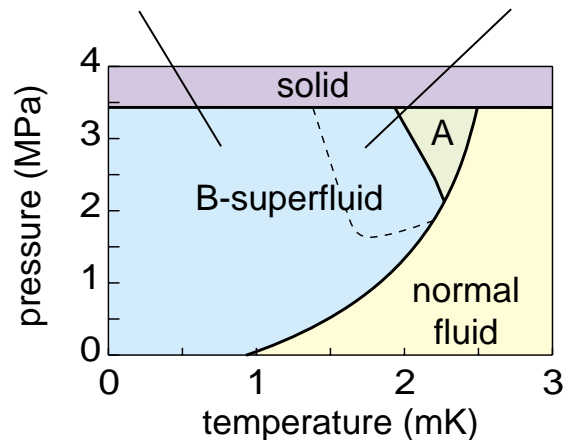
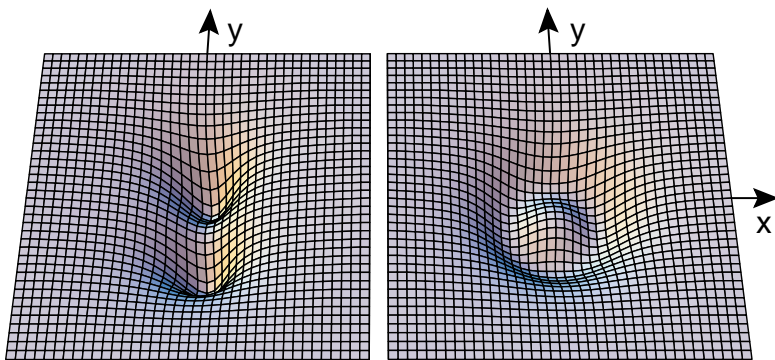


# Vortex cores in $^3\text{He-B}$

Numerical minimization of Ginzburg-Landau functional in 2 D

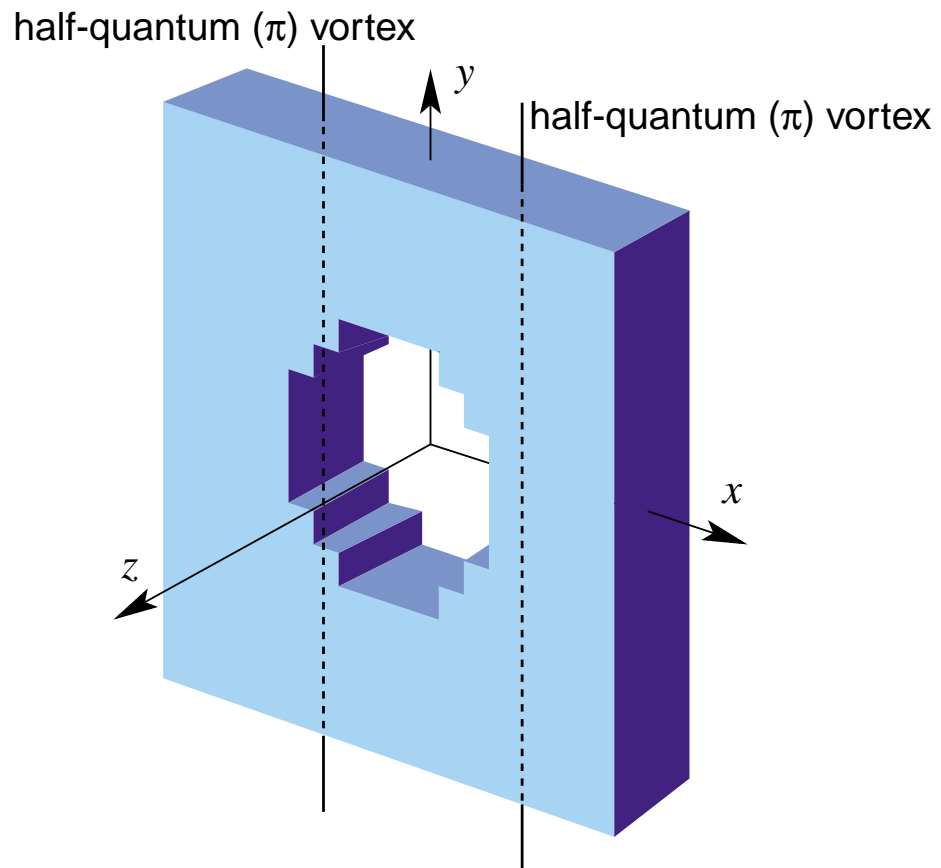
$$\partial_j \partial_j A_{\mu i} + (\gamma - 1) \partial_i \partial_j A_{\mu j} = [-A + \beta_1 A^* \text{Tr}(AA^T) + \beta_2 A \text{Tr}(AA^{T*}) + \beta_3 AA^T A^* + \beta_4 AA^{T*} A + \beta_5 A^* A^T A]_{\mu i}. \quad (1)$$

$\Rightarrow$  broken symmetry in vortex cores



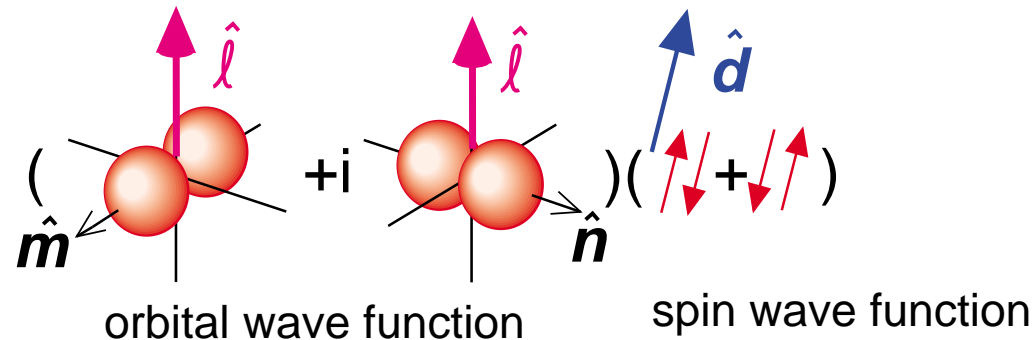


# Virtual half-quantum vortices



# The A phase

The order parameter  $A_{\mu j} = \Delta \hat{d}_{\mu} (\hat{m}_j + i \hat{n}_j)$



A phase factor  $e^{i\chi}$  corresponds to rotation of  $\hat{m}$  and  $\hat{n}$  around  $\hat{l}$ :

$$\begin{aligned} e^{i\chi}(\hat{m} + i\hat{n}) &= (\cos \chi + i \sin \chi)(\hat{m} + i\hat{n}) \\ &= (\hat{m} \cos \chi - \hat{n} \sin \chi) + i(\hat{m} \sin \chi + \hat{n} \cos \chi). \end{aligned}$$

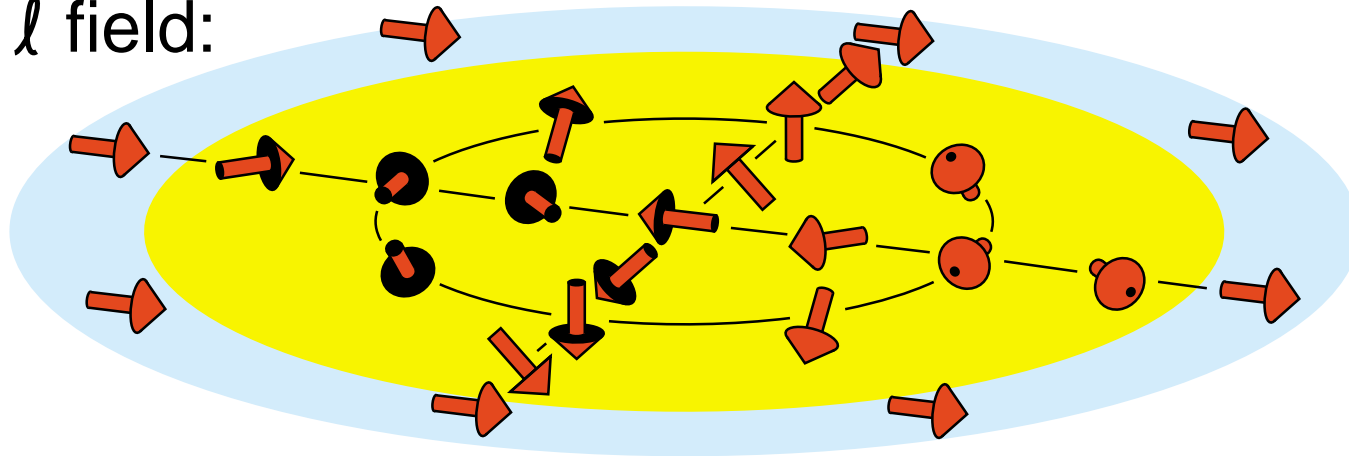
Superfluid velocity

$$\mathbf{v}_s = \frac{\hbar}{2m} \nabla \chi = \frac{\hbar}{2m} \sum_j \hat{m}_j \nabla \hat{n}_j. \quad (2)$$

# Vortices in the A phase

Consider the structure

$\hat{l}$  field:



Here  $\hat{I}$  sweeps once through all orientations (once a unit sphere).

$\Rightarrow \hat{m}$  and  $\hat{n}$  circle twice around  $\hat{I}$  when one goes around this object.

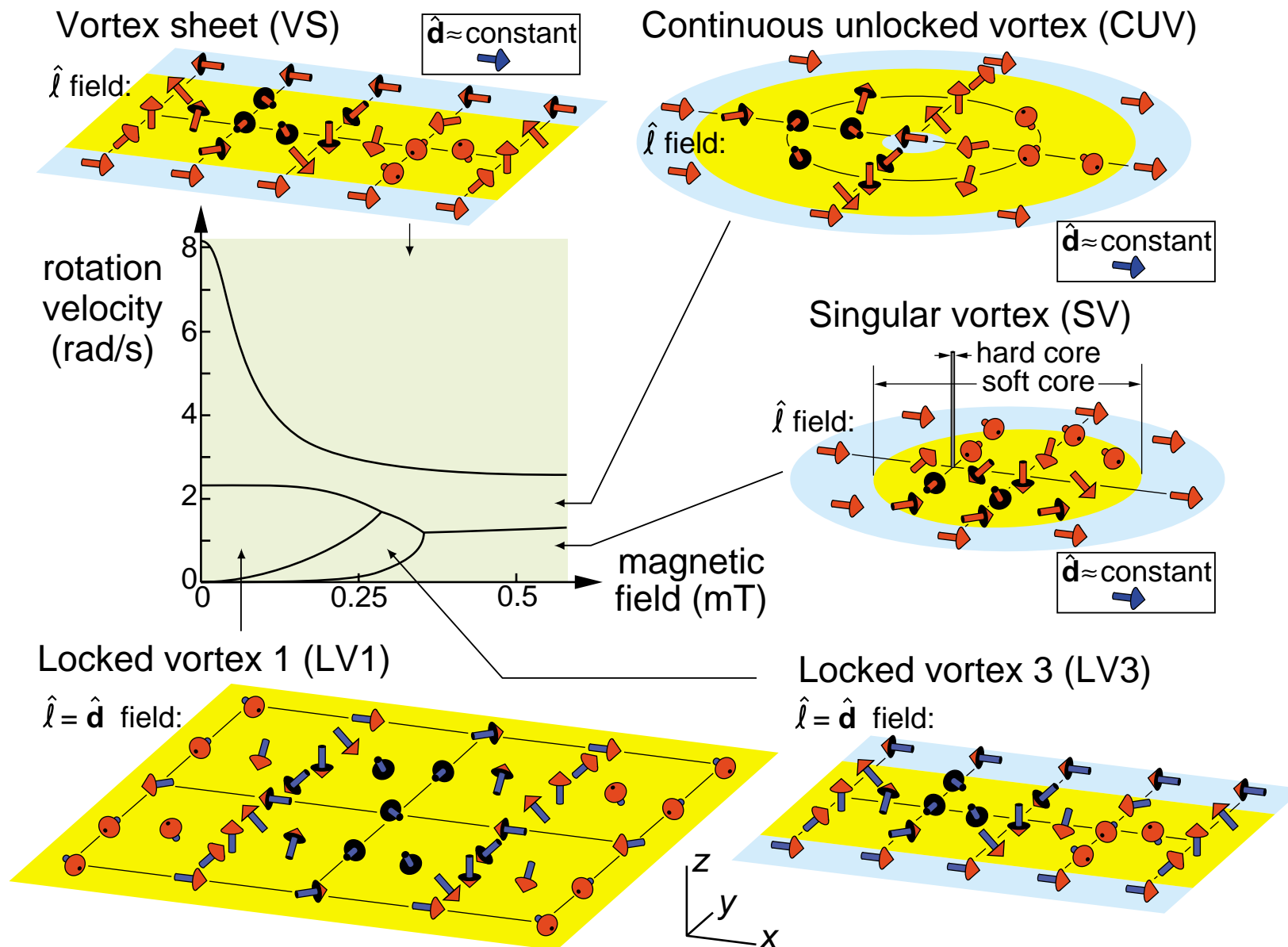
$\Rightarrow$  This is a two-quantum vortex. It is called *continuous*, because  $\Delta$  (the amplitude of the order parameter) vanishes nowhere.

# Hydrostatic theory of $^3\text{He-A}$

Assume the order parameter  $(\hat{\mathbf{m}}, \hat{\mathbf{n}}, \hat{\mathbf{l}}, \hat{\mathbf{d}})$  changes slowly in space. Then we can make gradient expansion of the free energy

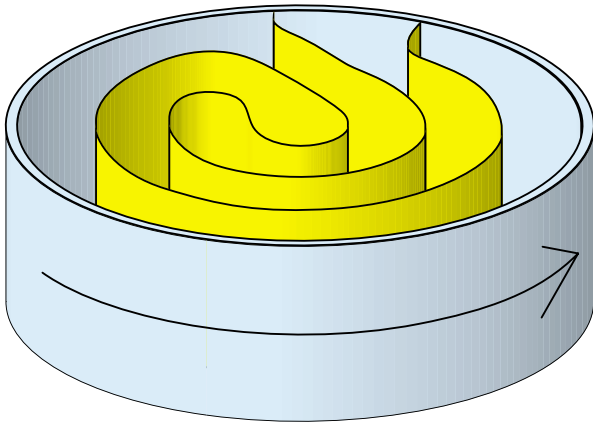
$$\begin{aligned} F = \int d^3r & \left[ -\frac{1}{2}\lambda_D(\hat{\mathbf{d}} \cdot \hat{\mathbf{l}})^2 + \frac{1}{2}\lambda_H(\hat{\mathbf{d}} \cdot \mathbf{H})^2 \right. \\ & + \frac{1}{2}\rho_\perp \mathbf{v}^2 + \frac{1}{2}(\rho_\parallel - \rho_\perp)(\hat{\mathbf{l}} \cdot \mathbf{v})^2 + C\mathbf{v} \cdot \nabla \times \hat{\mathbf{l}} - C_0(\hat{\mathbf{l}} \cdot \mathbf{v})(\hat{\mathbf{l}} \cdot \nabla \times \hat{\mathbf{l}}) \\ & + \frac{1}{2}K_s(\nabla \cdot \hat{\mathbf{l}})^2 + \frac{1}{2}K_t|\hat{\mathbf{l}} \cdot \nabla \times \hat{\mathbf{l}}|^2 + \frac{1}{2}K_b|\hat{\mathbf{l}} \times (\nabla \times \hat{\mathbf{l}})|^2 \\ & \left. + \frac{1}{2}K_5|(\hat{\mathbf{l}} \cdot \nabla)\hat{\mathbf{d}}|^2 + \frac{1}{2}K_6[(\hat{\mathbf{l}} \times \nabla)_i \hat{\mathbf{d}}_j]^2 \right]. \end{aligned} \quad (3)$$

# Vortex phase diagram in $^3\text{He-A}$



# Vortex sheet

Vortex sheets are possible in  $^3\text{He-A}$



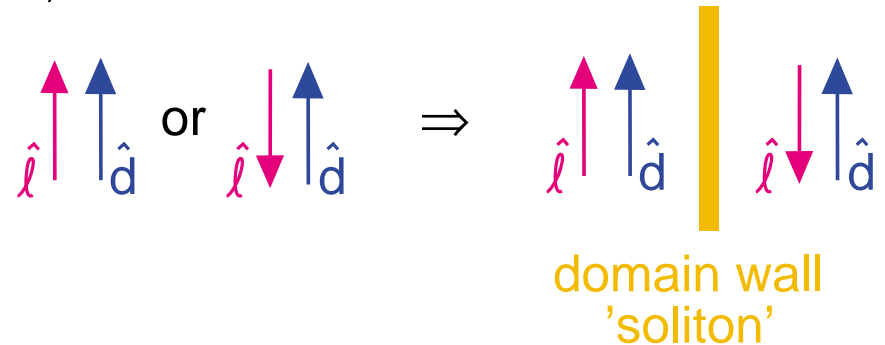
Sheets were first suggested to exist in  $^4\text{He}$ , but they were found to be unstable.

Why stable in  $^3\text{He-A}$ ?

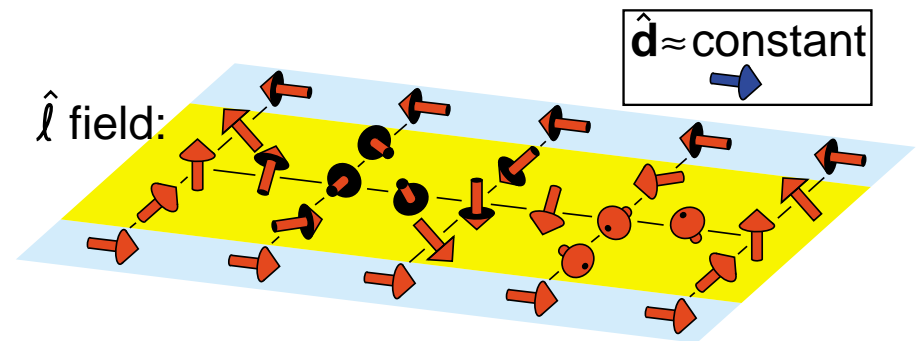
Dipole-dipole interaction (3)

$$f_D = -\frac{1}{2}\lambda_D(\hat{\mathbf{d}} \cdot \hat{\mathbf{l}})^2$$

$\Rightarrow$



Vortex sheet = soliton wall to which the vortices are bound.



# Shape of the vortex sheet

The equilibrium configuration of the sheet is determined by the minimum of

$$F = \int d^3r \frac{1}{2} \rho_s (\mathbf{v}_n - \mathbf{v}_s)^2 + \sigma A.$$

Here  $A$  is the area of the sheet and  $\sigma$  its surface tension.

The equilibrium distance  $b$  between two sheets is

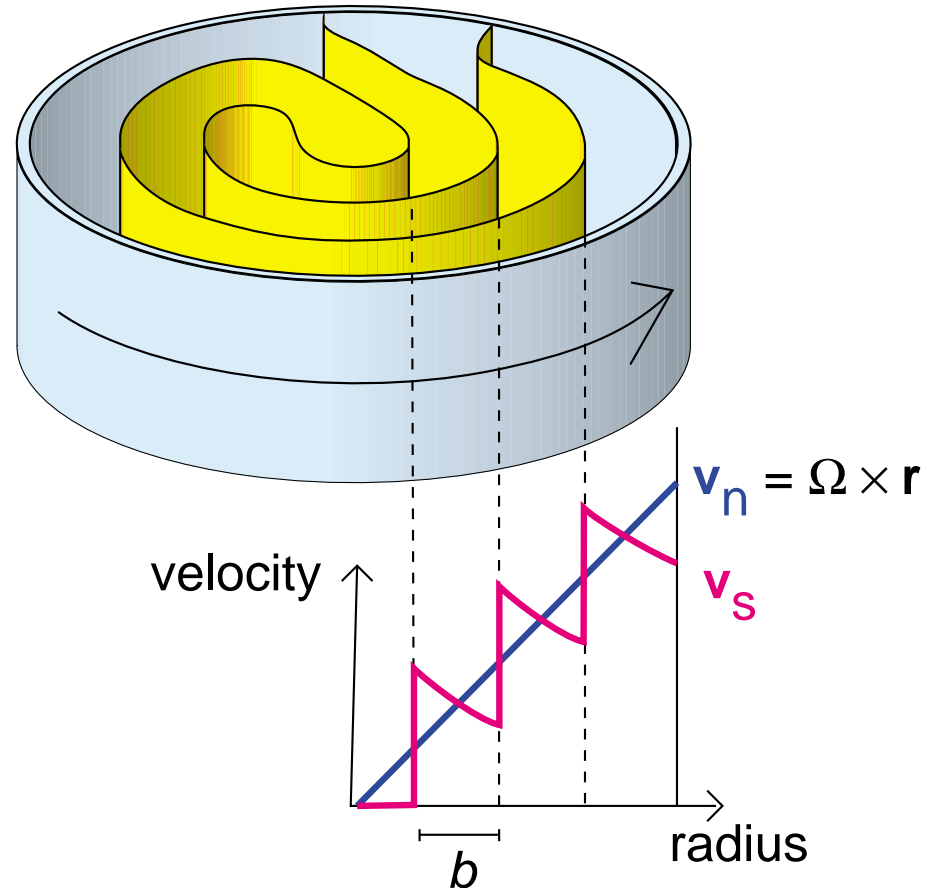
$$b = \left( \frac{3\sigma}{\rho_s \Omega^2} \right)^{1/3}. \quad (4)$$

This gives 0.36 mm at  $\Omega = 1$  rad/s.

The area of the sheet

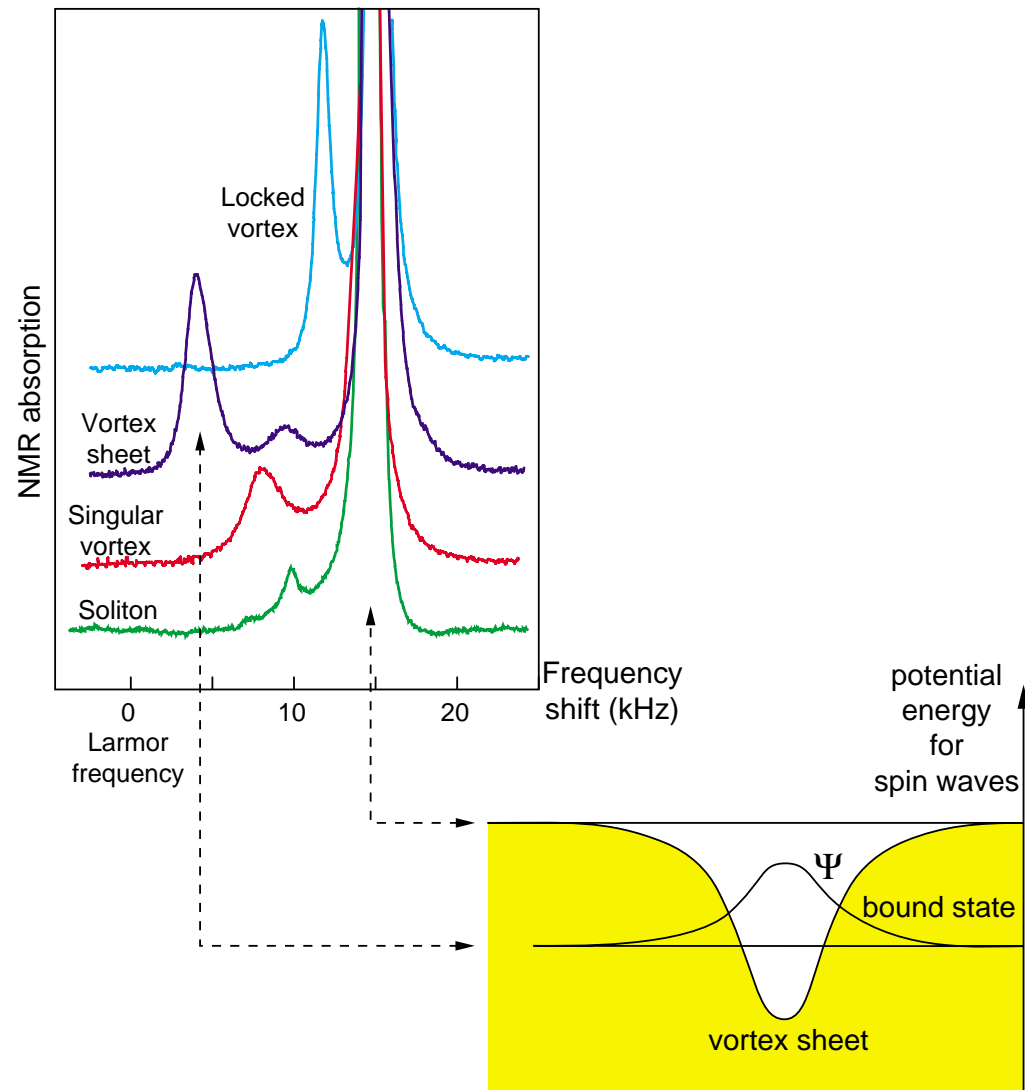
$$A \propto \frac{1}{b} \propto \Omega^{2/3}, \quad (5)$$

as compared to  $N_{\text{vortex line}} \propto \Omega$ .



Connection lines with the side wall allow the vortex sheet to grow and shrink when angular velocity  $\Omega$  changes.

# NMR spectra of vortices



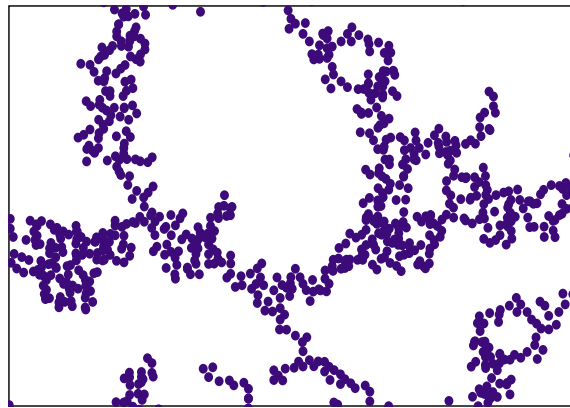
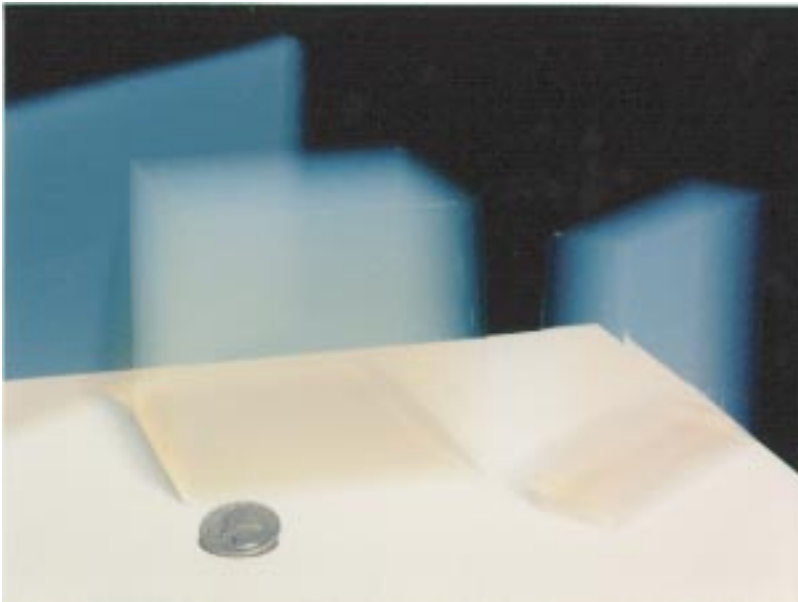
<http://boojum.hut.fi/research/theory/sheet.html>



# Part III. IMPURE SUPERFLUID $^3\text{He}$

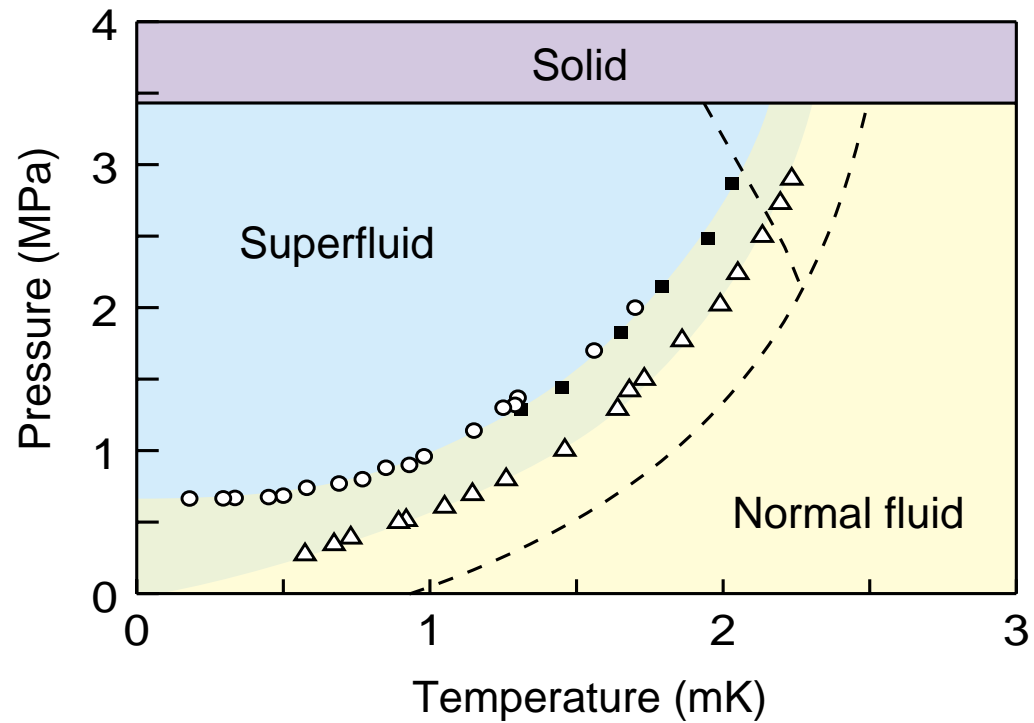
$^3\text{He}$  is a naturally pure substance

Impurity can be introduced by porous aerogel



- strands of  $\text{SiO}_2$
- typically 98% empty
- small angle x-ray scattering  $\Rightarrow$  homogeneous on scale above  $\approx 100$  nm

# Experimental phase diagram

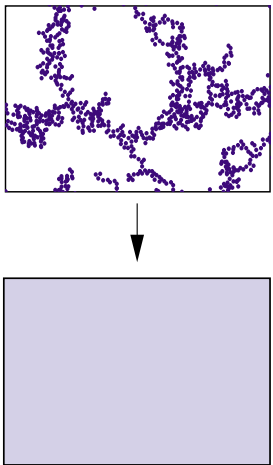


Porto et al (1995), Sprague et al (1995), Matsumoto et al (1997)

# Models

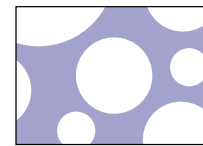
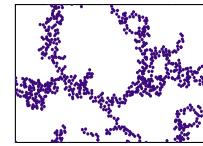
Main effect of aerogel is to scatter quasiparticles

Simplest model: homogeneous scattering model

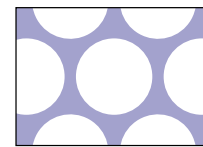


⇒ only qualitative agreement with experiments

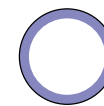
Better models:



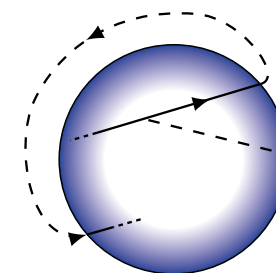
Random voids  
- not simple enough to calculate



Periodic voids  
- not simple enough to calculate



Isotropic inhomogeneous scattering  
- spherical unit-cell approximation  
- (quasi)periodic boundary condition



trajectory of a quasiparticle

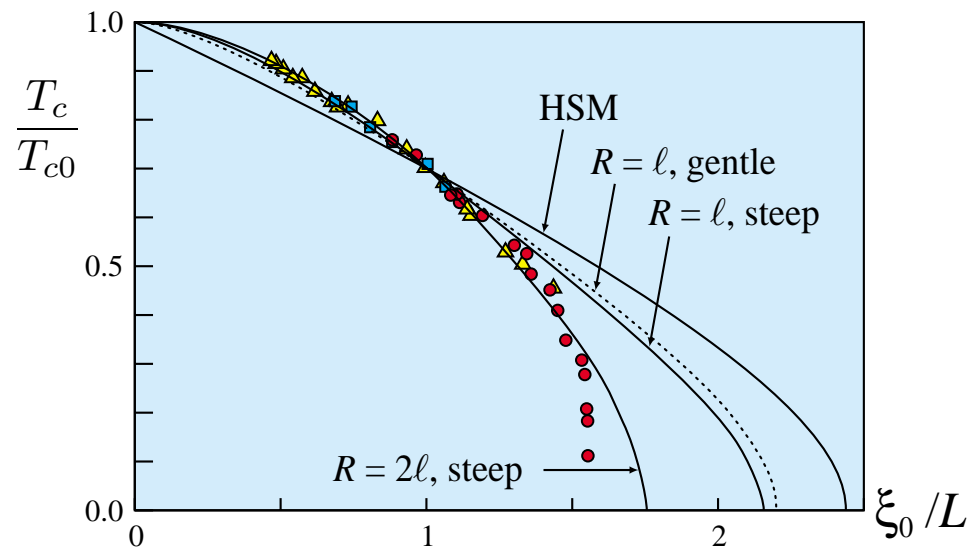
# Isotropic inhomogeneous scattering model (IISM)

Isotropic on large scale

⇒ Hydrodynamics the same as in bulk but renormalized parameter values

Better fit with experiment than in HSM

⇒ realistic parameter values



<http://boojum.hut.fi/research/theory/aerogel.html>

# Conclusion

Superfluid  $^3\text{He}$  forms a very rich system because of the several different length scales.

